

“EDIBLE PERENNIAL GARDENING AND LANDSCAPING”

PLANTS

NUTS: **Chinese Chestnut** (*Castanea mollissima*), **Chinquapin** (*Castanea pumila*), **Black Walnut** (*Juglans nigra*), **Butternut** (*Juglans cinerea*), **Heartnut** (*Juglans cordifolia*), **Buartnut** (*Juglans x bisbyi*), **Northern Pecan** (*Carya illinoensis*), **Shagbark Hickory** (*Carya ovata*), **Shellbark Hickory** (*Carya laciniosa*), **Hican** (*Carya illinoensis x ovata*), **Swamp White Oak** (*Quercus bicolor*), **Hardy Almond** (*Prunus amygdalus*), **Korean Nut Pine** (*Pinus koraiensis*), **American Hazelnut** (*Corylus americana*), **Beaked Hazelnut** (*Corylus cornuta*), **Contorted Hazelnut** (*Corylus avellana*), **Purple Leaf Filbert** (*Corylus maxima*)

FRUITS: **Mulberry** (*Morus nigra*, *M. rubra*, *M. alba*), **Chinese Mulberry** (*Cudrania tricuspidata*), **Persimmon** (*Diospyros americana*), **Sweet Cherry** (*Prunus avium*), **Nanking Cherry** (*Prunus tomentosa*), **Pin Cherry** (*Prunus pennsylvanica*), **Quince** (*Cydonia oblonga*), **Seckel Pear** (*Pyrus communis*), **Asian Pear** (*Pyrus pyrifolia*), **Shipova** (*Sorbus x Pyrus*), **American Plum** (*Prunus americana*), **Beach Plum** (*Prunus maritima*), **Juneberry** (*Amelanchier spp.*), **Medlar** (*Mespilus germanica*), **Pawpaw** (*Asimina triloba*), **Hardy Orange** (*Poncirus trifoliata*), **Kousa Dogwood** (*Cornus kousa*), **Goumi** (*Elaeagnus multiflora*), **Seaberry** (*Hippophae rhamnoides*), **Honeyberry** (*Lonicera kamchatika*), **Currants and Gooseberries** (*Ribes spp.*), **American Elderberry** (*Sambucus canadensis*), **Blue Elderberry** (*Sambucus caerulea*), **Lowbush Blueberry** (*Vaccinium angustifolium*), **Highbush Blueberry** (*Vaccinium corymbosum*), **Raspberry** (*Rubus idaeus*), **Alpine Strawberry** (*Fragaria vesca*), **Musk Strawberry** (*Fragaria moschata*), **Hardy Kiwi** (*Actinidia arguta*, *A. kolomikta*), **Grape** (*Vitis spp.*), **Chocolate Vine** (*Akebia quinata*), **Sandra Berry** (*Shisandra chinensis*), **Rugosa Rose** (*Rosa rugosa*)

VEGETABLES: **Jerusalem Artichoke** (*Helianthus tuberosum*), **Maximillian Sunflower** (*Helianthus maximiliani*), **Asparagus** (*Asparagus officinalis*), **Ostrich Fern** (*Matteuccia struthiopteris*), **Giant Solomon's Seal** (*Polygonatum biflorum* var. *commutatum*), **Cordate Spikenard** (*Aralia cordata*), **Sweet Cicely** (*Myrrhis odorata*), **Sweet Coltsfoot** (*Petasites japonicus*), **Lovage** (*Levisticum officinale*), **Rhubarb** (*Rheum rhabarbarum*), **Good King Henry** (*Chenopodium bonus-henricus*), **Chicory** (*Cichorium intybus*), **Nine Star Broccoli** (*Brassica oleracea botrytis aparagoides*), **Sea Kale** (*Crambe maritima*), **Turkish Rocket** (*Bunias orientalis*), **Climbing Spinach** (*Hablitzia tamnoides*), **Common Garden Sorrel** (*Rumex acetosa*), **Stinging Nettle** (*Urtica dioica*), **Chinese Artichoke** (*Stachys affinis*), **Groundnut** (*Apios americana*), **Hog Peanut** (*Amphicarpaea bracteata*), **Perennial Wild Bean** (*Phaseolus polystachios*), **Oyster Plant** (*Scorzonera hispanica*), **Skirret** (*Sium sisarum*), **Chinese Yam** (*Dioscorea batatas*), **Multiplier Onions** (*Allium cepa aggregatum*), **Walking Onion** (*Allium fistulosum bulbifera*), **Welsh Onion** (*Allium fistulosum*), **Chives** (*Allium schoenoprasum*), **Garlic Chives** (*Allium tuberosum*), **Garlic** (*Allium sativum*), **Daylily** (*Hemerocallis fulvum*)

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- Mollison, Bill. *Permaculture – A Designer's Manual*. Tyalgum, Australia: Tagari, 2004.
- Reich, Lee. *Uncommon Fruits for Every Garden*. Portland, OR: Timber Press, 2004.
- Toensmeier, Eric. *Perennial Vegetables*. White River Junction, VT: Chelsea Green Pub., 2007.

WEBSITES

www.pfaf.org, www.nafex.org, www.edibleforests.com, www.permacultureactivist.net

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www.tripplebrookfarm.com, www.permaculturenursery.com, www.nuttreesnorth.com, www.raintreenursery.com, www.grimonut.com, www.oikostreecrops.com, www.fedcoseeds.com, www.hartmannsplantcompany.com

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